



## Pandit Dasa December 4, 2019

8:30-11:30am

Seawell Grand Ballroom  
at The Denver Center for  
the Performing Arts  
14th and Curtis Streets  
Denver, CO 80204

Complimentary Breakfast



## EXECUTIVE FORUM invites you to

### Mindful Leadership: Be the Change You Wish to See

*"Be the change you wish to see in the world."* Mahatma Gandhi's words apply to leadership as much as they do to life. And Pandit Dasa shows leaders how to harness the simple but powerful practice of mindfulness to create an environment where people are inspired, they embrace change and are consistently willing to set aside their own self-interest for the greater good.

Amid the frenetic pace at which the business world moves, leaders seldom have an opportunity to reflect on their own leadership practice. Dasa gives them an opportunity, and the mindfulness techniques, to do exactly that. These are techniques people can apply, whatever their role or position, to unlock the power of the mind, and in the process to create an environment where less ego, lower stress and greater peace of mind drive higher productivity and performance.

As founder of Conscious Living, Dasa brings the principles of mindful leadership to corporations, government agencies and educational institutions. He has spoken at the World Government Summit, the SHRM National Convention and the WorkHuman Conference, and has worked with dozens of organizations around the world, including Google, Citi, State Farm, Columbia University and the World Bank. Before applying his principles in the business and education arenas, he lived for 15 years as a monk.

**Register: [Lea.Almagno@executiveforum.net](mailto:Lea.Almagno@executiveforum.net)**